

**Job Description**

# Title: Adult Therapist

**Accountable to: Therapy Delivery Manager**

# Notice Period: 1 Month

**Hours: 0.4 FTE - 30 hours per week**

# Salary £27,900 pro-rata (£34,785 FTE)

# Leave 27 days, plus bank holidays, leave per annum,

**pro rata**

**Background**

SV2 is a company Limited by Guarantee which is registered with the Charity Commission (Registered Number 1077863). The registered aims of the Charity are:

* to help relieve the suffering and distress of persons who have been raped or

sexually abused; and

* to advance the education of the public in the subject of rape and sexual

abuse and their effects.

The registered activities are:

* to promote the recovery of any adult or young person of any gender who has

experienced rape or sexual abuse at any point in their life; and

* to offer one to one counselling, phone support, forensic medicals following

recent incidents, with or without police involvement, young people's service,

trust & support through court and criminal proceedings.

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**Purpose of the Job**

The role is to provide a high quality, specialist service to victims of sexual violence including provision of one to one therapy for up clients who are aged 18 and over. The role includes provision of therapeutic assessments to clients across Derbyshire who have been referred to the Therapy Service either through self-referral, the Sexual Assault Referral Centre (SARC) or other external pathways.

To work within a multi-agency setting to provide an empathic and pro-active support service to victims of sexual violence and their families, within and outside of the criminal justice system, including pre-trial therapy.

This role is part of the Therapy Service which comprises of a team of Adult and Children’s Therapists offering counselling, therapy, support groups, parent support sessions and other therapeutic interventions to victims of sexual violence and secondary survivors.

**Accountability**

The Adult Therapist will be line managed by The Therapy Delivery Manager and is accountable to the CEO. The post is part of a wider team at SV2 delivering a range of support services to victims of sexual violence.

**Main Duties and Responsibilities**

**General**

* Deliver appropriate individual face to face or phone/online therapeutic services to victims of sexual violence or abuse at any point in their lives.
* To provide specialist counselling assessments and one to one therapy in line with the specific funded project
* To work with the whole SV2 therapy team to ensure smooth transition of client referrals into the service
* Maintain current and accurate records of clients and client interactions, and provide reports and information on clinical practice as required, in line with BACP guidelines, SV2 policies and Data Protection Act using agreed frameworks
* To contribute towards the Clinical Governance process within the service
* Undertake CPD as identified in annual appraisal and line management processes
* To support members of the team and sub-contracted therapists to deliver support groups to clients
* To support the Children’s Therapists to offer ad hoc psychoeducational support sessions to the parent/carers of children receiving therapy within the Therapy Service
* To support the Therapy Delivery Manager by taking an active role in the Student Counsellor Placement Scheme including promotion, interviews, induction, mentoring and offering ongoing support to student placements and volunteers
* To work within professional guidelines and the overall framework of the Agency’s policies and procedures
* Monitor and record progress and outcomes for clients utilising SV2’s case management system, client support plan and other systems, as required
* Monitor, maintain, plan and prioritise own work and client caseload
* Liaise with other relevant external agencies in relation to the support of their clients
* Respond to safeguarding issues and liaise with staff in accordance with SV2’s safeguarding policies
* Provide information and reports for managers, as required

**Professional**

* To support and liaise closely with practitioners and professionals in SV2 and other external organisations
* Develop and maintain knowledge and skills relevant to this area of work which meets the needs of the Organisation, client group and sexual offences legislation
* Maintain confidentiality in line with SV2’s information governance policies
* Adhere to the BACP Code of Ethics adopted by SV2

**Communication and Public Relations**

* Raise awareness of services in line with SV2’s Communications Strategy
* Ensure communication between agencies is effective
* Represent the service in a professional manner

**Other duties**

* Work within SV2’s Health & Safety Policy and take responsibility for personal Health & Safety
* Attend regular line management, clinical supervision, peer supervision, appraisal meetings and team meetings, as required
* To carry out any other responsibilities that reasonably fall within the scope of the post and to assist with any reasonable duty at the request of SV2’s Senior Management Team

**Person Specification**

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| **Attributes** | **Criteria**  (E) Essential (D) Desirable  (Only essential criteria will be considered when undertaking the job evaluation process) | **Method of Assessment**  e.g. Application Form/ Interview/ Presentation/ Test |
| Qualifications | A recognised qualification in counselling or psychotherapy to at least Diploma Level 4 (E)  Postgraduate Diploma in counselling or psychotherapy (D)  MA/MSc in Counselling/Psychotherapy (D)  Postgraduate qualification in Attachment/Trauma therapy (D) | Application  Application  Application  Application |
| Experience | Safeguarding training (E)  450 hours post qualifying counselling practice (E)  A minimum of two years’ experience of undertaking therapeutic assessments (D)  Some experience of working therapeutically with clients remotely (Telephone or on line) (D)  A minimum of two years’ experience working specifically with this client group (E)  Experience of facilitating therapeutic and or psychoeducational support groups (D)  Experience of supporting student counsellors and volunteers (D)  Experience of delivering clinical supervision and/or providing clinical guidance (D)  Experience and ability to engage diverse communities (D) | Application/interview  Application/interview  Application/interview  Application/interview  Application/interview  Application/interview  Application/interview  Application/interview  Application/interview |
| Knowledge & Skills | Extensive knowledge & awareness of rape, sexual abuse, rape trauma syndrome and their effects within the therapeutic setting (E)  Knowledge and awareness of dissociation, the impact of trauma and vicarious trauma, and an understanding of crisis management (D) | Application/interview  Application/interview |
| Other | Registration with BACP or similar professional body (E)  Accredited member of BACP or a similar professional body (D)  Good communication skills, oral and written including an ability to write reports (E)  Good IT skills. Experience of working with:  Email (Outlook or gmail), Word, Excel, Databases (E)  Driving licence and access to a car with business insurance as may be required to travel around the County (D) | Application  Application  Application/interview  Application/interview  Application/interview |